

Clouds House Renewal Programme

Are you struggling with the everyday stresses and strains of modern life? The Clouds House Renewal Programme is an opportunity to reconnect. You will immerse yourself in a residential treatment experience whilst revisiting the philosophies underpinning a robust recovery.



You will be engaging in interpersonal group therapy to better understand how your methods of communication affect the quality of your relationships and practise your learning within your recovery community.

You might be looking at the areas of your life in recovery in which you are feeling stuck or simply reminding yourself as to how recovery can be a rich and rewarding experience. Alternatively, you might feel that you are looking for spiritual connection in a busy world running on autopilot.

Whatever your situation, you will be in an environment of mutual support, surrounded by others working towards freeing themselves from addictive processes and behaviours.



Held at Clouds House, Wiltshire, alongside clients currently in recovery, our Renewal Programme includes:

- Interpersonal group therapy
- 12 step addiction treatment
- Addictions counselling
- Education through lectures and workshops
- Mindfulness
- Art therapy and creative writing
- Relapse prevention
- Complementary therapies
- Connectivity with 12 step fellowship groups



Who is suitable for the Renewal Programme?

- People recovering from all forms of addiction
- You must be abstinent and over the age of 18
- Anyone looking to spend focused time connecting with peers and strengthening their recovery
- You do not have to be a former client of Clouds House

About Clouds House

Clouds has been a life-saving sanctuary for sufferers of addiction since 1983. We provide high-quality care through the 12-step programme and our team are connected to the world's leading experts and institutions in the research and teaching of addiction treatment.

Located in the heart of rural Wiltshire, Clouds House is a Grade II* listed building in East Knoyle.

A private and secluded setting, the stunning scenery provides the perfect environment for recovery. There are large communal living areas and shared bedrooms which encourage peer support and community living. Fresh, home-cooked meals are prepared on-site by a chef to suit all dietary needs.

Clouds House is rated 'good' by the CQC.



Clinical team

- Dr Simone Yule, Clinical Lead at Clouds House, BSc 1988 MB Bch 1991 DRCOG, 1994 FP Cert 1996
- Dr Cory de Wet, Consultant Psychiatrist at Clouds House MBBCh 1995 MRCPsych 2000 MSc 2004
- Nicky Holdaway, Residential Director
- Alex Askew, Registered Manager
- Anya Sparks, Treatment Manager
- Michael Rawlinson, Treatment Consultant

Costs

The Renewal Programme costs £375 per person per night. Stay between four and seven days, or longer on request.

The full balance is payable prior to your stay.



Contact us

Please contact a member of our admissions team if you would like to join our renewal programme.

E: admissions@actiononaddiction.org.uk
T: 01747 832 070

www.actiononaddiction.org.uk

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