

Action on Addiction

actiononaddiction  
.org.uk

ACTION

## ADDICTION

Addiction is the biggest preventable killer in the UK. It breaks up families, damages communities and destroys lives. In some way it touches us all.

### Action on Addiction

We take action to disarm addiction.

We do this through research, treatment, family support, education and training.

### Our vision

People free from addiction.

### Our people

Researchers, nurses, doctors, tutors and all our support staff, take action every day to achieve our vision.

## RESEARCH

Research is vital. Unless we understand addiction we cannot hope to prevent and treat it effectively.

Our team of experts carry out research, which makes a practical difference to people's lives.

We are developing new treatments to help the most entrenched drug users.

We are looking at how teenage vulnerability to addiction can be reduced.

We undertake social, psychological and clinical research to increase our evidence-base.

Our research takes place at the National Addiction Centre and other research bodies.

'All addicts are fearful of taking that first step. SHARP was the bridge that helped me move from the dark to the light.' Tom, Client

## TREATMENT

Our treatment changes lives and helps people realise their potential.

We provide residential treatment, structured day treatment and rehabilitation to people from all backgrounds.

Our treatment centres are based across England.

### Residential treatment

is available at:

Clouds House (for men and women). This includes detox.

Thurston House (for men).

Hope House (for women).

### Day treatment

is available at:

SHARP Bournemouth & Poole

SHARP Liverpool

SHARP London

(Self Help Addiction Recovery Programme).

### Working recovery

Work and skills training are

available in Bournemouth to

aid recovery.

## FAMILIES

You don't have to be an addict to suffer from addiction.

We reach out to family members including children by providing services that offer much needed information, advice and support.

### Services

Moving Parents and Children

Together (M-PACT) is a programme

to support children whose

parents have addiction problems.

We offer a brief residential

programme to support adults too.

### Local support

We coordinate support groups for

families affected.

### Courses

We run courses for professionals

on working with families affected

by addiction.

'My mother is a severe alcoholic and has been for many years. It has affected me and my sister's upbringing and because of it we have lost many precious years with her. We have all been through so much pain throughout our lives. I am so proud of her recovery.

I support Action on Addiction so they can help children like me.'

Jane, Fundraiser

## EDUCATION

Addiction is a complex issue.

### Information

We raise awareness and provide accurate information to help people understand addiction and what can be done to overcome it.

### Campaign

We ensure that dealing with addiction problems remains a high priority on the public agenda.

### Professional training

For treatment and rehabilitation services to be effective,

practitioners need to be well

trained.

At the Centre for Addiction

Treatment Studies (Clouds) we

teach Foundation & Honours

Degrees in Addictions

Counselling awarded by the

University of Bath.

### Consultancy

We give professional advice to

treatment organisations.

### Workplace training

We educate businesses on the

problem of substance misuse

and addiction.

## ACTION

You can help us to prevent the devastating effect of addiction on our children, families and friends.

Make a donation

Take part in a fundraising event

Find out about a service or course

Volunteer for us

Enquire about working for us

Come and talk to us

Contact Action on Addiction

Call 0845 126 4130

Email

[action@actiononaddiction.org.uk](mailto:action@actiononaddiction.org.uk)

Action on Addiction

Head Office

East Knoyle Salisbury

Wiltshire SP3 6BE

Action on Addiction

London Office

Park Place 12 Lawn Lane

London SW8 1UD

Company no: 05947481

Registered charity no: 1117988



INVESTOR IN PEOPLE

'Now I can look into the face of my son and know that today I am the best father that I can be. That I am not going to destroy his life because I am a drunk.

Clouds gave me the chance to find my life and to start again.'

Joe, Client