



Action on Addiction

Clouds House Aftercare Service

Support after treatment to help you make the transition back to work and your family

We are often asked “What happens after treatment?” It is clear that first-stage treatment is just the beginning of recovery. In order for people to maintain changes and continue getting better, ongoing support is essential. This can come in various forms, one of which is Clouds House Aftercare.





Action on Addiction

Support after treatment



and other activities with fellow group members. Here you have the time and space to reflect on your current life and explore different ways of dealing with any challenges you might be facing. Then, in collaboration with the facilitator, an appropriate timescale and frequency of attendance is agreed, which may mean participating on a fortnightly and then a monthly basis. Our research shows, and our clients tell us, that this strategy works extremely well with the 12-Step fellowship meetings.

In conjunction with this, we offer support for partners and families during this critical period. This takes the form of couples and family sessions and builds on the work started in treatment. We offer between 3–5 sessions.

Clouds House Aftercare is designed to support you as you make the transition from treatment back to work and to your family. It is suitable for people who wish to build on and maintain the work they have already started in the treatment programme. It can also support you if you have been in recovery for some time and wish to refresh your experience, or if you would like some help in confronting a particularly difficult situation.

Returning to Clouds House keeps you connected to your treatment experience and in touch with others in a similar position as together you negotiate the challenging journey of recovery from drug and alcohol addiction.

You will return to Clouds House, initially weekly, for a day of group therapy sessions

Aftercare takes place at Clouds House every Friday from 10.00am to 3.30pm.

Contact:

Families Counsellor and
Aftercare Coordinator

T: 01747 830 733

E: cloudshouse@actiononaddiction.org.uk

or visit:

www.actiononaddiction.org.uk

Clouds House is part of Action on Addiction. We take action to disarm addiction. We do this through research, treatment, family support, advocacy, education and training.

Head Office, East Knoyle, Salisbury, Wiltshire SP3 6BE | Registered Charity No. 1117988 | Registered Company No. 05947481